

Week 1

Lesson aim:

What are our school
behaviour
expectations?

Vocab:

Behaviour
Expectation
Behaviour chart
Good
WOW
Wobbly
Unacceptable

Week 2

Lesson aim:

L.O To know how to
recognise and name
different feelings.

Vocab:

Happy , Sad
Angry, Frustrated
Excited , Disappointed
Scared

Week 3

Lesson aim:

To begin to know what things
help people to feel good.

Vocab:

Wellbeing ,Good
Feelings ,Positive
Give , Keep learning
Take notice ,Active
Connect ,Relax
Happy



Year 1 Autumn 1 Being me in my world

Week 4

Lesson aim:

To know that some parts of the
body are private.
L.O. To know how to recall the
PANTS rule.

Vocab:

Private parts ,Pants , Body , Rule
Safe adult , Private, Belongs , No
Speak up , Help , Secrets

Week 5- NSPCC speak out stay safe assembly and
workshops (Dates to be confirmed and more parent
information to follow)

Lesson aim:

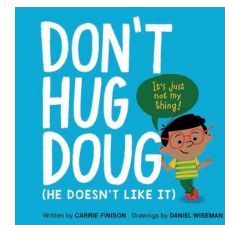
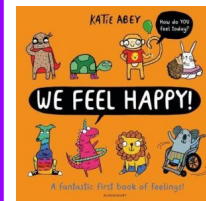
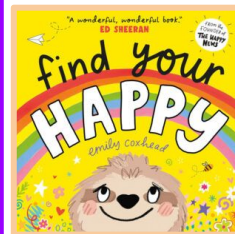
To know the ways a child can be hurt by others and,
that it is never a child's fault.
To know all children have the right to be kept safe and
know how to get help.

Vocab:

Hitting, NSPCC
Hurting children's feelings , Private parts Looked
after, Bullying , Stay safe , Speak out , Rights, Hurt
Safe adult, Childline

Resources to help support learning at home:

Book list



Websites that provide information for you as a parent

<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

<https://www.happymaps.co.uk/age-group/> Parent website to support
mental health and behaviour

Week 1

Lesson aim:

What are our school
behaviour
expectations?

Vocab:

Behaviour
Expectation
Behaviour chart
Good
WOW
Wobbly
Unacceptable

Week 2

Lesson aim:

To know the different
groups I belong to.

Vocab:

Community
Groups
Clubs
Friends
Family

Week 3

Lesson aim:

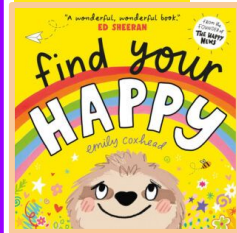
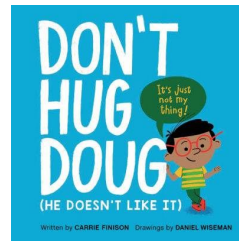
To know what I can do to help
myself to feel better if I am
feeling down.

Vocab:

Wellbeing , Good , Feelings ,
Positive , Give , Keep learning ,
Take notice , Active , Connect ,
Relax , Happy , Down

Resources to help support learning at home:

Book list



Week 4

Lesson aim:

To know that someone's body belongs
to them and they can say 'no' to being
touched.

To know how to identify the
difference between happy surprises
and secrets, and how to talk to
someone when secrets are upsetting.
To know the PANTS rule and how it
can keep someone safe.

Vocab:

Body, Rules, Private parts , No, Safe,
Touch, Safe adult , Surprise, Speak
up, Secrets, Talk , Upset, Pants



Year 2 Autumn 1 Being me in my world

Week 5- NSPCC speak out stay safe assembly and
workshops (Dates to be confirmed and more parent
information to follow)

To know the ways a child can be hurt by others and,
that it is never a child's fault.

To know all children have the right to be kept safe
and know how to get help.

Vocab:

Hitting, NSPCC, Hurting children's feelings , Private
parts, Looked after, Bullying , Stay safe , Speak out
, Rights, Hurt, Safe adult, Childline

Websites that provide information for you as a parent

<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

<https://www.happymaps.co.uk/age-group/> Parent website to support
mental health and behaviour

Week 1

Lesson aim:

To know why rules are needed and how they relate to rights and responsibilities.

Vocab:

Rights
Responsibilities
Important
Learning
Safe
Happy

Week 2

Lesson aim:

To know how to identify positive things in my life and identify worries and how I could overcome them.

Vocab:

Worries
Thoughts
Feelings
Fears
Solutions
emotions

Week 3

Lesson aim:

To know how to recognise my worth and can identify positive things about myself and my achievements.

Vocab:

Welcome
Valued
Achievements
Proud
Pleased
Worth
Identity



Year 3 Autumn 1 Being me in my world

Week 4

Lesson aim:

To know how to recognise different types of physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact.

To know where to get advice and report concerns if worried about their own or someone else's personal safety (including online).

Vocab:

Touch , Inappropriate touch, Physical contact, Communication , Hugs, Acceptable , Not acceptable, Personal space, consent, Telling , Adult , Trust, Frightened, (Recap of KS1 vocab)

Week 5- NSPCC speak out stay safe assembly and workshops (Dates to be confirmed and more parent information to follow)

Lesson aim:

To know the different types of abuse and that abuse is never a child's fault.

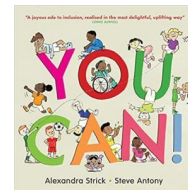
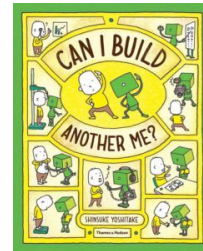
To know that children have the right to be kept safe and to know who a child can talk to if they need help.

Vocab:

Abuse , Types , Stay safe , Speak out , Fault , Safe adult , NSPCC , Childline , Neglect, Bullying, Physical abuse , Emotional abuse , Sexual abuse

Resources to help support learning at home:

Book list



Websites that provide information for you as a parent

<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

<https://www.happymaps.co.uk/age-group/> Parent website to support mental health and behaviour

Week 1

Lesson aim:

To know my rights and responsibilities within the Staynor Hall Community.

Vocab:

Rights, Responsibilities, Citizen, Community, Empathise, Conflict, Safety, Behaviour, Acceptable, unacceptable

Week 2

Lesson aim:

To know how to identify positive things in my life and identify worries and how I could overcome them.

Vocab:

Worries, Thoughts, Feelings, Fears, Solutions, emotions

Week 3

Lesson aim:

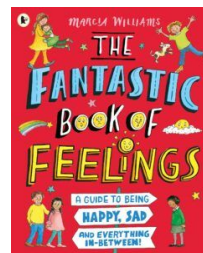
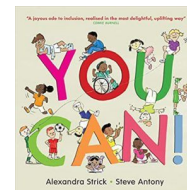
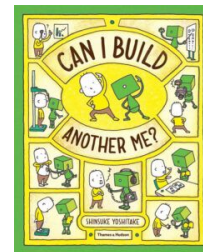
To know that my actions affect myself and others.
To know how to care about other people's feelings and try to empathise with them.

Vocab:

Reward, Consequence, Actions, Feelings, Empathise, Care

Resources to help support learning at home:

Book list



Week 4

Lesson aim:

To know what consent means in different situations.

To know when it is appropriate to keep a secret and when it is appropriate to share a secret.

To know where to get advice and report concerns if worried about their own or someone else's personal safety (including online).

Vocab:

Inappropriate touch, Physical contact, Acceptable, Not acceptable, Personal space, consent, Telling, Adult, Trust, Boundaries, Secret, Surprise, (Recap of Y3 vocab)



Year 4 Autumn 1 Being me in my world

Week 5- NSPCC speak out stay safe assembly and workshops (Dates to be confirmed and more parent information to follow)

Lesson aim:

To know the different types of abuse and that abuse is never a child's fault.

To know that children have the right to be kept safe and to know who a child can talk to if they need help.

Vocab:

Abuse, Types, Stay safe, Speak out, Fault Safe adult, NSPCC, Childline, Neglect, Bullying, Physical abuse, Emotional abuse, Sexual abuse

Websites that provide information for you as a parent

<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

<https://www.happymaps.co.uk/age-group/> Parent website to support mental health and behaviour

Week 1

Lesson aim:

To know my rights and responsibilities as a citizen of my country.

Vocab:

Rights, Responsibilities, Citizen, Denied, Empathise, Refugee, Persecution, Conflict, Asylum, Migrant

Week 2

Lesson aim:

To know how to identify positive things in my life and identify worries and how I could overcome them.

Vocab:

Worries
Thoughts
Feelings
Fears
Solutions
emotions

Week 3

Lesson aim:

To know how to face new challenges positively and know how to set personal goals.

Vocab:

Education
Appreciation
Opportunities
Goals
Motivation
Vision
Hopes
Challenge

Week 4

Lesson aim:

To know how to recognise pressure from others to do something unsafe or that makes them feel uncomfortable and strategies for managing this.

To know where to get advice and report concerns if worried about their own or someone else's personal safety (including online).

Vocab:

Peer pressure , Safe , Unsafe , Uncomfortable, Strategy , Advice , Concerns , Friends , Appropriate, Inappropriate (Recap of Y3-4 vocab)



Year 5 Autumn 1 Being me in my world

Week 5- NSPCC speak out stay safe assembly and workshops (Dates to be confirmed and more parent information to follow)

Lesson aim:

To know the different types of abuse and that abuse is never a child's fault.

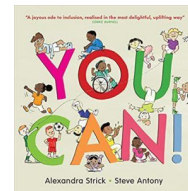
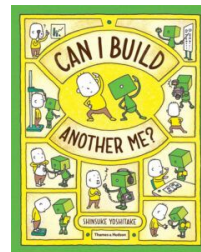
To know that children have the right to be kept safe and to know who a child can talk to if they need help.

Vocab:

Abuse , Types , Stay safe , Speak out , Fault , Safe adult , NSPCC , Childline , Neglect, Bullying, Physical abuse , Emotional abuse, Sexual abuse

Resources to help support learning at home:

Book list



Websites that provide information for you as a parent

<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

<https://www.happymaps.co.uk/age-group/> Parent website to support mental health and behaviour

Week 1

Lesson aim:

To know that there are universal rights for all children but for many children these rights are not met.

To know that my actions affect other people locally and globally.

Vocab:

Choice, Wants, Needs, Empathy
Equal opportunities, Comparison,
Rights, Opportunities, Community,
Deprived, Education, Poverty

Week 2

Lesson aim:

To know how to identify positive things in my life and identify worries and how I could overcome them.

Vocab:

Worries
Thoughts
Feelings
Fears
Solutions
emotions

Week 3

Lesson aim:

To know how to identify my goals for this year, understand my fears and worries about the future and know how to express them.

Vocab:

Goals
Worries
Fears
Value
Welcome



Year 6 Autumn 1 Being me in my world

Week 4

Lesson aim:

To know how to seek, give, not give and withdraw consent (in all contexts, including online).

To know where to get advice and report concerns if worried about their own or someone else's personal safety (including online).

Vocab:

Consent, Choice, Online, Report, Advice, Appropriate, Inappropriate, Worried, Give, Withdraw, (Recap of Y3-5 consent vocab)

Week 5- NSPCC speak out stay safe assembly and workshops (Dates to be confirmed and more parent information to follow)

Lesson aim:

To know the different types of abuse and that abuse is never a child's fault.

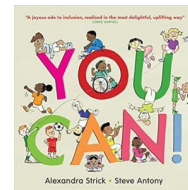
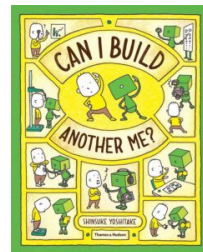
To know that children have the right to be kept safe and to know who a child can talk to if they need help.

Vocab:

Abuse, Types, Stay safe, Speak out, Fault, Safe adult, NSPCC, Childline, Neglect, Bullying, Physical abuse, Emotional abuse, Sexual abuse

Resources to help support learning at home:

Book list



Websites that provide information for you as a parent

<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

<https://www.happymaps.co.uk/age-group/> Parent website to support mental health and behaviour