Lunch Menu Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	Pork Meatballs with Penne Pasta in Tomato & Herb Sauce	Steak Pie	Roast Beef in Gravy	Chicken Curry	Breaded Cod
Vegetarian	Fenne Pasta in Tomato & Basil Sauce	Cheese & Onion Pie	Creamy Vegetable Cheese Bake	Cauliflower, Spinach & Lentil Curry	Plant-Based Shepherds Pie
Accompaniments	Sweetcorn Garlic Bread	Mixed Vegetables Mashed Potato Colcannon Mash (Dairy Free)	Broccoli Golden Roast Potatoes	Sweetcorn Basmati Rice Naan Bread	Oven Chips Peas
Picnic	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo
Jacket Potatoes	Jacket Potatoes with a choice of fillings Cheese, Baked Beans, Cheese & Beans or Tuna Mayo	Jacket Potatoes with a choice of fillings Cheese, Baked Beans, Cheese & Beans or Tuna Mayo	Jacket Potatoes with a choice of fillings Cheese, Baked Beans, Cheese & Beans or Tuna Mayo	Jacket Potatoes with a choice of fillings Cheese, Baked Beans, Cheese & Beans or Tuna Mayo	Jacket Potatoes with a choice of fillings Cheese, Baked Beans, Cheese & Beans or Tuna Mayo
Dessert	Chocolate Sponge Yoghurt Fresh Fruit	Syrup Sponge Yoghurt Fresh Fruit	Raspberry Dessert Yoghurt Fresh Fruit	Apple Crumble Yoghurt Fresh Fruit	Bakewell Tart Yoghurt Fresh Fruit





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	All Day Breakfast Sausages, Baked Beans & Hash Browns	Chicken & Vegetable Casserole	Roast Pork in Gravy	Chicken Goujons	Breaded Cod
Vegetarian	All Day Breakfast (Vegan)	Vegetable Lasagne	Vegetarian Cottage Pie	Vegan Sausages	Macaroni Cheese
Accompaniments	Bread & Butter	Broccoli Saute Potatoes Garlic Bread	Sliced Carrots Croquette Potatoes	Baked Beans Potato Wedges	Peas Saute Potatoes Garlic Bread
Picnic	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo
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Dessert	Chocolate Sponge Yoghurt Fresh Fruit	Strawberry Mousse Yoghurt Fresh Fruit	Vanilla Ice Cream Yoghurt Fresh Fruit	Jam Sponge Yoghurt Fresh Fruit	Strawberry Ice Cream Yoghurt Fresh Fruit





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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	Chicken & Vegetable Pie	Beef Bolognaise with Pasta	Sliced Roast Chicken in Gravy	Sausages in Onion Gravy	Fish Goujons
Vegetarian	Tomato & Chickpea Gratin	Thai Red Curry with Chicken Style Pieces	Vegetarian Cottage Pie	Vegan Sausages	Vegetable Quiche
Accompaniments	Sliced Carrots Baby Potatoes	Garlic Bread Sweetcorn White Rice	Vegetable Medley Golden Roast Potatoes	Broccoli Mashed Potato Colcannon Mash (Dairy Free)	Baked Beans Saute Potatoes
Picnic	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo	Freshly prepared sandwiches or wraps with vegetable sticks and tortilla chips Cheese, Ham or Tuna Mayo
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Dessert	Lemon Sponge Yoghurt Fresh Fruit	Chocolate Mousse Yoghurt Fresh Fruit	Bakewell Tart Yoghurt Fresh Fruit	Apricot & Peach Dessert Yoghurt Fresh Fruit	Vanilla Ice Cream Yoghurt Fresh Fruit